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Non-Fiction List / Frankfurt BF / Fall 2026

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Journalism, Chronicles & Narrative Non-Fiction

Ander Izagirre



Born in San Sebastian in 1976, Ander Izagirre is one of Spain's most acclaimed narrative non-fiction writers. He is a two-time winner of the Euskadi Prize for Literature and has also received the European Press Prize, the Kapuciscinski Award and the PEN Award in the United Kingdom. His books include bestselling works such as *Potosí. The Mountain that Eats Men* (sold in English, French, Italian, German, Polish, and forthcoming in Slovakian) and *With Lead in the Pockets*, forthcoming in Russian.

If *Say Nothing* revealed the truth about the IRA,
The Backpack will lay bare the heart of Basque memory.
An essential reference work for understanding
the long human consequences of political violence.



The Backpack

The Life of Muñagorri

Spain / 2026 / 406 pages / Chronicle & Journalism / Territory: World
Primary publisher: Libros del KO

On June 25, 1982, ten-year-old Alberto Muñagorri lost a leg and an eye when a bomb hidden inside a backpack exploded in a square in the Basque town of Rentería. He was on his way to play football with his friends, just as he did every day during that endless summer of the 1982 FIFA World Cup in Spain.

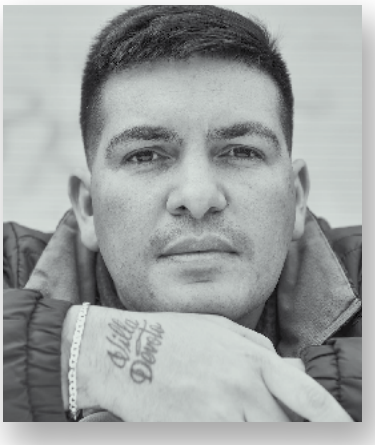
Among the thousands of stories of terrorist violence that marked the 1980s, Alberto Muñagorri's name became etched into the minds of Basque children. Forty years after the attack, writer Ander Izagirre met Muñagorri, and a relationship of trust and candour grew between them, ultimately giving rise to this extraordinary book.

Through the life story of one victim, *The Backpack* dissects the legacy of terrorism, the social fractures that divided the Basque Country, and the pressures faced by victims long after the headlines fade. Both deeply moving and chillingly precise, it is a book destined to become the definitive account of political violence in the Basque Country.

- **English translation sample available**

(See the author's backlist on p. 11)

Nahuel Gallotta



Nahuel Gallotta (Buenos Aires, 1985) is an acclaimed investigative journalist whose years of immersion in the criminal underground have informed award-winning prime-time television dramas. His sharp, unsentimental gaze brings the hidden mechanics of this vast illicit economy into focus.

The highly precise, cold-blooded corporate blueprint of the world's most lucrative commodity—reframed not as a standard true-crime tale, but as the ultimate supply-chain thriller of global trade.



Biography of a Gram

From the Peruvian jungle to your nose

Spain / 2026 / 318 pages / Chronicle & Travel / Territory: World
Primary publisher: Libros del KO / Sold: Portugal (Zigurate) & Brazil (Matrix).

Reconstructing the journey of a single gram of cocaine from the remote, rebel-held fields of Peru to the dark alleys of Madrid, this jaw-dropping investigation exposes the corporate clockwork of an illegal empire. Far from the cinematic mythology of gunfights and spectacular police raids, it reveals a chillingly familiar world of subcontracting, transport costs, logistics and trade agreements, all managed with the operational discipline of a Fortune 500 company.

Biography of a Gram is no conventional cops-and-robbers story. Gallotta instead delivers a brilliant, cold-blooded road trip through the world's most lucrative commodity, following its passage across an intricate international network: from clandestine airfields in Bolivia and Paraguay to maritime shipping points in Argentina, from crooked dockworkers in Barcelona to the micro-distribution flats of Madrid.

Written with the analytical precision of an executive MBA case study and the momentum of a geopolitical thriller, the book dismantles the glamour surrounding the drug trade. What emerges is an illegal economy whose machinery is strikingly similar to that of the corporate world: outsourced operations, carefully calculated transport overheads, fragmented distribution networks and supply chains engineered for maximum efficiency.

- **English translation sample available on request**

Beatriz García Guirado



Beatriz García Guirado (Badalona, 1984) is a journalist and writer specializing in weird fiction and popular culture. She has contributed to various cultural media outlets and authored several fiction works exploring identity, noir atmosphere, and the boundaries between reality and fiction

A daring literary feminist revision of the Black Dahlia case, a global American cultural myth perpetuated by figures like Ellroy or De Palma—prime examples of the machinery that turns murdered women into cultural objects.



Everyone's Favorite Dead Girl

The Black Dahlia Case and the Detective of the Crowd

Spain / 2025 / 288 pages / Literary-sociologic non-fiction essay / Territory: World
Primary publisher: Libros del KO

In January 1947, Elizabeth Short's mutilated body was found in Los Angeles. Her still-unsolved murder turned the young woman into one of the most enduring figures in American popular culture. Over the decades, she has been investigated, portrayed and reinvented in books, films, journalism and true crime, until the real woman was ultimately eclipsed by the myth built around her death.

García Guirado travels to Los Angeles in pursuit of the obsessive investigators who continue to chase the case. Along the way, she examines how a real victim can be turned into a cultural commodity, exploring the male gaze, the objectification of female victims, media misinformation and the consumption of other people's suffering. The book challenges the conventions of traditional *true crime*, shifting the focus from the question of who killed Elizabeth Short to a more unsettling one: *why are we still fascinated by her death?*

Blending travel writing, sociological essay, journalistic reportage and media criticism, García Guirado revisits one of the great myths of American popular culture and its international reach, while reflecting on the machinery that turns real women, crimes and tragedies into enduring myths.

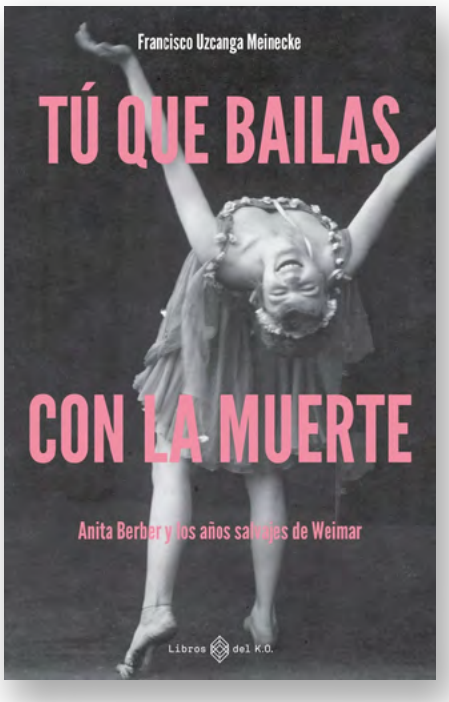
- **English translation sample available**

Francisco Uzcanga Meinecke



Francisco Uzcanga Meinecke (1966) was born in San Sebastián, where he spent his childhood and early youth. He later lived in Madrid for a few years before moving to Germany for his studies. He earned a degree in Germanic and Romance Philology at the University of Tübingen and holds a PhD in Arts and Letters from the University of Konstanz. He has taught at several European universities and currently works at the Humanities Center at the University of Ulm.

The fascinating and destructive life of a woman ahead of her time who scandalized the Weimar Republic.



You Who Dance With Death

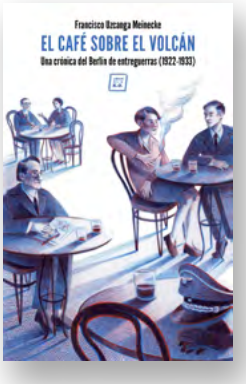
Anita Berber and the Wild Years of Weimar

Spain / 2026 / 152 pages / Journalism / Territory: World
Primary publisher: Libros del KO

Anita Berber had a multifaceted personality that defied easy categorisation: an innovative Expressionist dancer, a talented actress, an incorrigible provocateur, a proto-feminist, a drug addict, a victim of the society of her time, or an early champion of queerness… What is clear is that her short life — she died aged 29 — and her dancing made her an exemplary representative of her era and her generation.

Born in 1899, the First World War found her as a teenager, and she came of age amidst the hardships of post-war Germany. Those historical circumstances gave rise to a generation of young people who were disillusioned and cynical, yet also irresistibly creative.

Guided by the captivating Anita Berber, Francisco Uzcanga Meinecke immerses us in the cabarets and the post-war Berlin nightlife, with its lights and, above all, its shadows.



The Café on the Volcano

Spanish/2018/228 pages/Journalism /Territory: World/Primary publisher: Libros del KO
Sold: Rusia (AST)

Berlin between the wars was a cultural and artistic melting pot. And its centre was the Romanisches Café. The place was already so famous that guided tours of the city stopped at the café. Visitors hoped to catch a glimpse of some of the leading figures of 20th century culture, including Zweig, Dietrich, Einstein, Wilder, Brecht or Benjamin, to name just a few. This convergence of artists and intellectuals, aroused the hatred of Goebbels, for whom the café became the symbol of everything that Nazism detested; and Goebbels made it his mission to persecute the café's customers with particular vigour. That was when Uzcanga decided to put the café at the centre of his book.

- **Detailed book report in English**
- **English sample available**

Fernando Olmeda Nicolás



Fernando Olmeda has built a long career in journalism, communications, writing and historical research. He has worked for a number of radio and television networks and has also directed numerous current affairs programmes and documentary series for national and regional broadcasters. He is the author of several acclaimed books on historical memory and has established himself as a specialist in biography. He regularly collaborates with memory associations and grassroots organisations, and has received numerous awards and recognitions for his professional career and his commitment to preserving and disseminating historical memory.

The travels of a young woman who turned her camera into a weapon against fascism and followed the conflict to the front line.



Gerda Taro

A Photographer in the Spanish Civil War

Spain / 2026 / 232 pages /Memoir / Territory: World / Primary publisher: Libros del KO

German photographer Gerda Taro arrived in Spain with Robert Capa in August 1936 to document the war that had just begun. Idealistic and committed in the fight against fascism that spread through Europe, he wanted to raise consciences and challenge Western governments. Her photographs of the fighters and the civilian population, as well as her tragic death at the age of twenty-six at the Battle of Brunete, on July 26, 1937, made her a global icon of photojournalism.

In this book, Fernando Olmeda – also the author of the first and only Spanish-language biography of Gerda Taro – focuses on the photographer's travels to Aragon, Andalusia, Valencia, Castilla and Madrid, and reveals clues to their best-known snapshots. With exquisite rigor and an excellent narrative pulse it offers, through the voices of the journalists and intellectuals who knew her, a novel portrait of the first photographer fallen on a combat front in history.

Gerald Connell & Elisabetta Piqué



Gerard O'Connell is Vatican correspondent for America Magazine and one of the most respected English-language journalists on religious affairs. He has collaborated with the BBC, Al Jazeera, ABC and NBC, covered five conclaves and has exceptional access to sources within the Holy See.

Elisabetta Piqué has been *La Nación's Vatican and Italy* correspondent for more than twenty years. Author of the bestseller *Francis: Life and Revolution*, translated into several languages and adapted for film, she was one of the journalists closest to Pope Francis. She has worked with CNN en Español and Deutsche Welle and regularly contributes to international media.

A unique book that reveals the untold story of Pope Francis's final days, the dynamics behind the last conclave, and how Leo XIV, an unexpected candidate, came to be elected.



The Last Conclave

Spain / 2026 / 280 pages / Journalism / Territory: World / Primary publisher: ARPA
Sold: Italy (Lindau), ENG WR (Orbis), Slovakia (Spolok sv. Vojtecha)

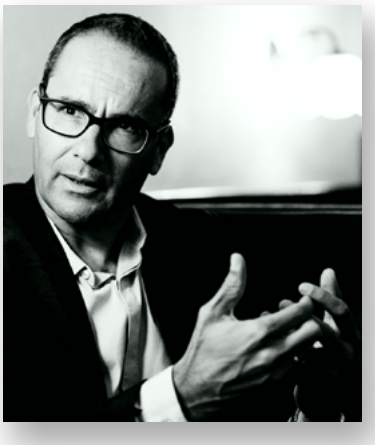
The election of Robert Prevost on 8 May 2025 took the world by surprise. No one expected that the conclave—the largest and most international in history—would, in less than 24 hours, elect the first US-born pope of the Catholic Church in two millennia.

A taboo had been broken. In a fascinating diary-style book, Elisabetta Piqué and Gerard O'Connell, two renowned Vaticanists and discreet friends of Jorge Bergoglio—Pope Francis—for more than 20 years, reconstruct how that secret *cum clave* election unfolded. What happened between Francis' death and the crucial, secret pre-conclave meetings in the Sistine Chapel?

With first-hand, unpublished information, Piqué and O'Connell reveal unknown aspects of their relationship with Pope Francis and how their journalistic work almost unwittingly influenced the conclave. They tell the hidden story of the manoeuvres, dinners, informal meetings and the campaign to elect an Italian pope that ultimately backfired.

Written with the pace of a thriller, the book recounts the election of Leo XIV, one of Pope Francis' final surprises: the first pope from one of the world's superpowers, but with a Peruvian heart.

David Jiménez (selected non-fiction list)



Born in Barcelona in 1971, David is an award-winning author and journalist, a columnist for the Spanish edition of the *New York Times* and a feature writer for *Vanity Fair*. He was a former editor-in-chief of *El Mundo*, the second largest newspaper in Spain. Praised by critics as the "Spanish Kapuscinski", he has covered conflicts, revolutions and crises in more than twenty countries. His reports have been published in *the Guardian*, the *Sunday Times*, the *Toronto Star* and *Corriere della Sera*, and he has contributed to CNN and the BBC.



The Editor-in-chief

More than 88,000 copies sold

Spanish/ 2019 / 296 pages/ Journalism / Territory: world / Primary publisher: Libros del KO
Sold: Catalan (Navona), China (Ecuus Publishing Group) and Taiwan (Readers 99)

El director is a tell-all book about the secrets of those who reveal the secrets of others, a unique take on the intrigues, despairs and triumphs of a newsroom, and an intimate account of the moral tests facing an editor-in-chief, in charge of a legacy newspaper fighting for survival. A non-fiction long seller that has shown it wide appeal to all audiences thanks to the writer's talent for storytelling and the strength of real-life characters that not even a novelist could have imagined. **• English sample available**

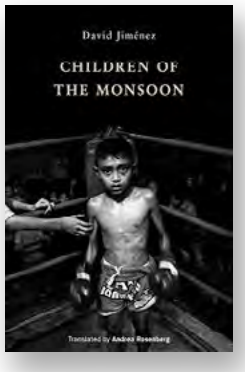


The Opium Diaries

More than 16,000 copies sold

Spain / 2023 / 272 pages / Literary journalism / Territory: World
Primary publisher: Ariel (Grupo Planeta) / Sold: Russia (Alpina)

Jiménez follows in the footsteps of legendary writers who were bewitched by the magic of the Orient, travels through the settings of their books and embarks on an odyssey to solve the great mystery: what is the secret that has driven travelers, explorers and writers to the East since the time of Marco Polo? Legendary war hotels, remote islands, lost worlds and fascinating characters are the protagonists of a journey in which Jiménez reveals what remains of the Asia that inspired literary figures. The result is an adventure through a continent in turmoil, a journey through the depths of human nature and a fast-paced, obsessive search for the mystery of the Orient. **• English sample available**



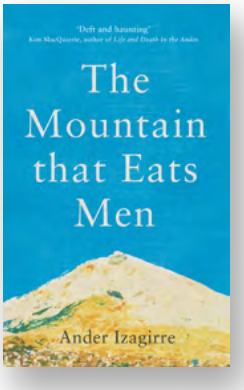
Children of Monsoon

Spanish / 2008 / 74.000 words in English/ Chronicle & Travel / Territory: world / Primary publisher: Kailas
Sold: English (Autum Hill), Italian (Marco Tropea), German (Campus), China (Ecus Publishing)

Haunted by the memories of the children he had met on his travels as a correspondent, Jiménez went in search of them many years later, in the hope of discovering what had become of them. The result is this exceptional account, in which we accompany Jiménez on his return to the Cambodian hospital where he last saw Vothy, a young girl with AIDS; we visit the children who survive the pitiless Mongolian winter by creating an underworld in the sewers of Ulaanbaatar; we travel to North Korea, where young Kim struggles to save his village from starvation; and we are taken to the fight rings of Thailand, where The Invincible seeks a route out of poverty by competing in brutal child boxing contests. **• English translation available**

Ander Izagirre (selected backlist)

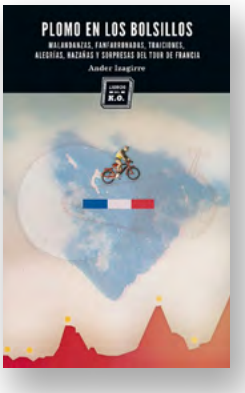
Ryszard Kapuscinski Book Award 2022



Potosí, the Mountain that Eats Men

Spanish / 2017 / 204 pages / Literary journalism / Territory: World / Primary publisher: Libros del KO
Sold: English (ZED), Italian (Keller) French (Barometre), Polish (Filtry), German (Rotpunktverlag) and Slovak (Absynt).

Izagirre tells the story of Alicia, a 14-year-old girl who lives on the slopes of Cerro Rico de Potosí, the mineral-rich mountain in Bolivia, nowadays a place of grinding poverty. Alicia shares an adobe hut with her mother and younger sister. Although Alicia is officially too young to be employed, she supplements the family income by working shifts in the mine for 2 € a night. Although the mine's rich seams have been exhausted, there are still over 10,000 people working there on a small scale. Izagirre skilfully uses this intimate portrait to tell a larger story, from the Spanish conquistadores to our days. **• English, French, Italian, German or Polish translation available**



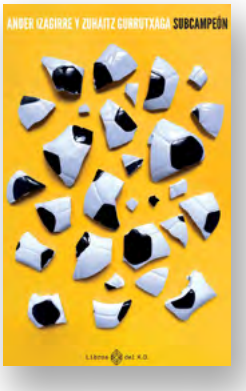
With Lead in Their Pockets

More than 26,000 copies sold in Spain

Spain / 2012 / 228 pages / Sport Literary Journalism / Territory: World
Primary publisher: Librso del KO / Sold: Russia (AST)

This longseller tells the story of the Tour of France in seventeen chapters that focus not just on the winners but also on the losers – the cyclists who were never more than another member of the peloton, those who lost their lives in pursuit of victory, and those who achieved glory only to be destroyed by it. It's a great example of sports writing that is designed to appeal not just to fans but to anyone with an interest in the world in which we live. The Tour de France provides the perfect metaphor for the last century or so of human 'progress'.

• English sample available



Runner-Up

Spain / 2023 / 358 pages / Literary journalism / Territory: World / Primary publisher: Libros del KO

A hilarious and raw autobiography, somewhere between comedy and anguish. It reads like a slide: fast, funny and a little scary. At nineteen, Zuhaitz Gurrutxaga reached Spain's First Division with Real Sociedad, but intense pressure soon made him hate football. The day he became a league runner-up, his mental health collapsed, forcing his mother to take him to a psychologist. As his career plummeted through lower divisions, he battled severe OCD, anxiety, and depression. Yet, he never lost his sense of humor—later taking to the stage to turn his failures into hilarious monologues.

• English sample available



The Basements of the World

Spanish / 2020 / 400 pages / Literary journalism / Territory: World / Primary publ.: Libros del KO

As the great works of travel literature, this is much more than the story of a journey. It is the story of a real expedition in 2000 in search of the deepest places on the shores of the Dead Sea (Asia), Lake Eyre (Australia), the Russian coast of the Caspian Sea (Europe), the Californian Death Valley (North America), the Laguna del Carbón in the Patagonia (South America), and Lake Assal in Djibouti (Africa). With an entertaining prose, the author talks about the people who live there, their legends, their habits and their history, and leads us to impossible worlds inhabited by settlers and natives, fugitives and lunatics that have converted these basements into places in the world.



The Hidden Island

Spain / 2023 / 182 pages / Literary journalism / Territory: World / Primary publisher: Libros del KO
Sold: ENG WR (IG Publishing Group)

This is not just another book about Cuba, a country that has been part of our collective imagination since its Revolution, but a collection of chronicles that takes us to its lesser-known places with a touching, sad and at the same time mischievous look. Jimenez Enoa is part of a new generation of Cuban storytellers. Despite the government withheld his passport until 2022 in response to his journalistic activity, he continued writing and won several international awards. One of the definitive recent books on Cuba.

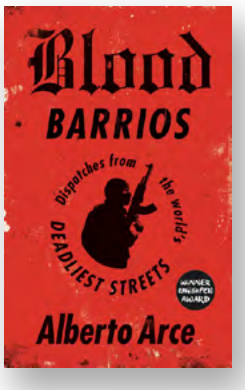
• English full translation available



Rezwana. A European dossier

Spain / 2023 / 168 pages / Investigative journalism / Territory: World
Primary publisher: Libros del KO / Sold: Italy (ADD Editore), Norway (Quintano Publishing)

Rezwana was a 13-year-old Afghan girl when the boat from Turkey to Lesbos sank. Her parents, two sisters and brother disappeared at sea. After a refugee camp and foster families in Greece, Rezwana reunited with her family in Sweden, where she started to be happy. But when she turned 18, Swedish authorities decided to send her back to Greece. Mariangela Paone recounted that 2015 shipwreck and, six years later, met Rezwana in Athens. A friendship and a promise were born: together they would tell the story of Rezwana's family and try to find where the remains were buried. They did not do this alone, weaving a network of global supporters. **• Italian translation available**



Blood Barrios. Dispatches from the World's Deadliest Streets

Spain / 2015 / 216 pages / Chronicle / Territory: World / Sold: Eng (Zed Books), Polish (Sonia Draga)

Winner of the 2018 PEN Translates Award for Non-Fiction. For many years, award-winning journalist Alberto Arce was the only foreign correspondent in Tegucigalpa, Honduras's beleaguered capital, and he witnessed first-hand the country's descent into anarchy. Here, he shares his experiences in a series of gripping and atmospheric dispatches: from earnest conversations with narcos, taxi drivers and soldiers, to exposés of state corruption and harrowing accounts of the aftermath of violence. Provocative, revelatory and at time heart-rending, Blood Barrios shines a light on the suffering and stoicism of the Honduran people.

• English full translation available



A Dacha in the Gulf

Nicolas Bouvier Award 2022

Anagrama Chronicle Prize 2020

Spanish/ 2020 / 200 pages/ Chronicle / Territory: world
Primary publisher: Anagrama / Sold: French (Métailié)

Awarded the Bouvier Prize in France and the Anagrama Essay Prize in Spain, this light-hearted chronicle, tells us with humour and a human and intimate perspective about daily life of a Spanish journalist who is living as an ex-pat in Bahrain and look at what is happening around him: political repression, the experience of sexuality for women and gays, the limited tolerance for alcohol, the isolated life of luxury of European ex-pats and the very different reality lived by Asian workers, linguistic misunderstandings…

• French translation available **• English sample available**



The Flag on the Summit. A Political History of Mountaineering

Spain / 2025 / 296 pages /Essay / Territory: World / Primary publisher: Capitán Swing
Sold: Italian (Einaudi)

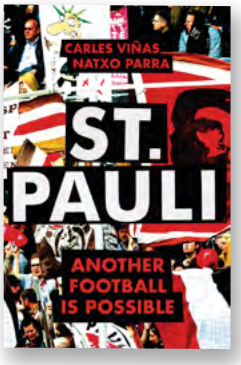
Pablo Batalla compiles stories about how modernity's great ideologies and social movements have passed through high altitudes, giving rise to hiking groups, inspiring expeditions, or serving as powerful metaphors. Eight ideologies, seven social movements, and three religions name the book's eighteen chapters. Each chapter explores what these movements sought in the peaks and the experiences of their main leaders. Batalla analyzes nearly twenty distinct ways of approaching and loving the mountains. The book proposes intersectionality as the key to understanding this diversity of narratives, offering a critical and passionate gaze that understands the mountain in its broadest sense. **• English translation available**



Stone Remains

Spain / 2021 / 304 pages / Chronicle/ Territory: World / Primary publisher: Libros del KO
Sold: Polish (Czarne), Bosnian (Buybook)

Writing with the intuition and empathy of someone who has spent fifteen years living in the Balkans, Casals deciphers the political enigma of a region that is still devastated by the aftermath of the conflict. He debunks toxic clichés, such as the supposedly warlike character of the region's inhabitants. In their place, he paints delicate miniatures of sixteen Bosnians – of Muslim, Croat or Serbian descent, Jews, people with a Montenegrin or Turkish background – whose biographies constitute a fragmented and contradictory portrait, one that defies categorization. It isn't possible to condense a whole country into one book. *Stone Remains* attempts the opposite: to expand it. **• English sample available**



More than 22,000 copies sold in Spain

St. Pauli. Another Football is Possible

Spanish/2017/296 pages/History, Sports & Politics
Territory: World/Primary pub.: Capitán Swing / Sold: English WW (Pluto Press) and Brazil (Ludopedio)

This book goes behind the skull and crossbones emblem to tell the story of a football club rewriting the rulebook. Since the club's beginnings in Hamburg's red-light district, the chants, banners and atmosphere of the stadium have been dictated by the politics of the streets. Promotions are celebrated and relegations commiserated alongside social struggles, workers' protests and resistance to Nazism. In recent years, people have flocked from all over the world to join the Black Bloc in the stands of the Millerntor Stadium and now there are almost 30,000 in attendance at games with supporters across the world. In a landscape governed by capitalism, FC St. Pauli demonstrate that another football is possible.**• Eng translation available**

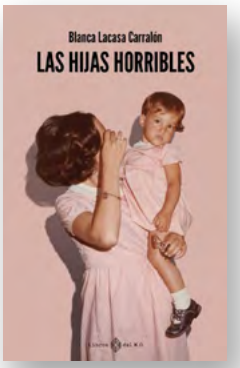


Nocturne for Tennis

Spain / 2024 / 344 pages /Lit. Non-Fiction & Memoir / Territory: World / Primary publisher: Libros del KO
Sold. French (Editions Métailié)

The fascinating literary memoirs of a great promises of Spanish tennis in the 1990s, but adolescence crossed his path and he decided to exchange his teenage pleasure for the routine of endless training sessions.This exquisite memoir is a succession of dazzling literary flashes about beauty, childhood and the passage of time, interspersed with the plot of a teenager confused with life who, thirty years after being left on the brink of the elite, pours out on paper all the tennis he had inside him, in an unexpected literary revenge.

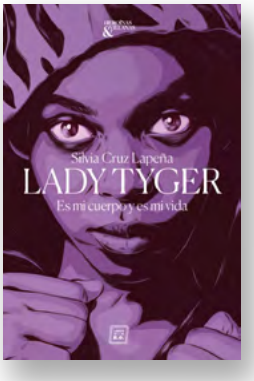
• English sample available **• Full French translation forthcoming**



Awful Daughters

Spain / 2024 / 272 pages / Narative Non-Fiction / Territory: World
Primary publisher: Libros del KO / Sold: China (Beijing Imaginist Time Culture), Russia (Atticus)

The relationship between mothers and daughters is marked by difficulty, disagreement, or pain and often viewed with suspicion. Mothers and daughters seem to be condemned not to understand each other. Why is there so much tension between us? Why is it so common for this bond to be so complex and sometimes so damaging? Are we really all so equal? Why, however, is the father figure usually perceived in a more benign way? If they have to deal with the hateful cliché of the bad mother, we have to deal with the bad daughter. Perhaps the time has come to start questioning how much is true in this and how much is environmental. Maybe it's time to stop feeling like ruthless, selfish or forgetful daughters. Awful Daughters. In this book, the writer and journalist Blanca Lacasa tries to solve the enigma and she does so by talking to experts, turning to theorists or using popular culture, but above all, asking and listening to women so they can tell their experiences. **• English sample available**



Lady Tyger. My Body, my Life

Spanish/ January 2020 / 104 pages/ Chronicle / Territory: world / Sold: Italian (Red Star Press)

Marian Trimiar was a pioneer of women's boxing in the late 1970s. With her shaved head, some nicknamed her the Black Kojak, but she was in no mood to let anyone decide what to call her. She wanted a man's name: "Their dreams are my dreams," she said, and she chose her own ring name: "Lady Tyger". She wrote it with a y instead of an i because she thought it sounded more feminine. Cruz's text is both an affirmation of Trimiar's struggle and an elegant political analysis that draws the links between this female boxer and the liberation movement of those women whose only weapon was their bodies. **• Italian translation and Eng sample available**



In Praise of Homosexuality

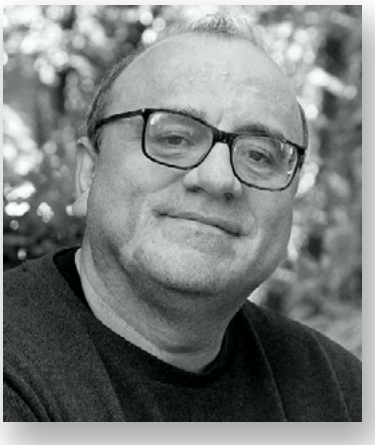
Spain / 2017 / 200 pages /Essay / Territory: World / Primary publisher: Arpa
Sold: German (C.H. Beck), Portugues (Ediçoes 70), Brazil (Almedina)

The Golden Age of heterosexuality is coming to an end. Thanks to that kind of glitch in the Matrix we call "homosexuality", it is possible to bring to light the set of rules and demands that were already designed for each individual before they were born. By not fitting into these moulds from the outset, homosexuals have been breaking them down and building their lives in a much freer and more creative way. A joyful, lucid and incisive book, yet philosophically rigorous, which provides the keys to the rational distance necessary to achieve happiness.

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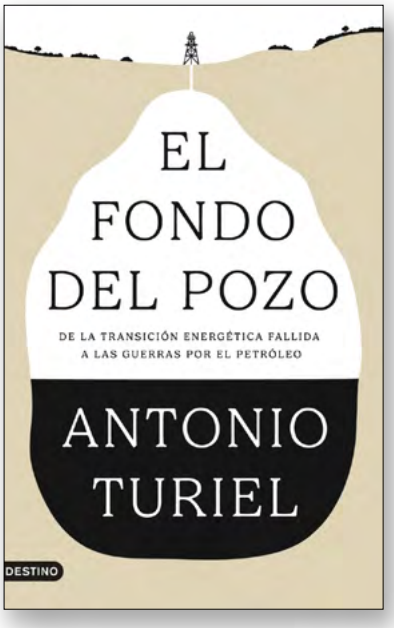
Big Challenges: Sustainability, Human Rights & AI

Antonio Turiel



Antonio is one of the great popularizers and scientific authorities on the sustainability problems of our society. He has openly warned about the danger of betting on transition models that have already proven to be unsuccessful. With a degree in Physics and Mathematics and a PhD in Theoretical Physics, he is a Research Scientist at the Institute of Marine Sciences of Barcelona. His research has focused on turbulence and satellite oceanography, although he is also an expert in the field of natural resources. His blog, The Oil Crash, is one of the major references in Spanish on the problem of peak oil and has a large online community.

Antonio Turiel explores how geopolitics is shaping the global energy crisis. How should we respond to this increasingly turbulent new landscape?



The Bottom of the Well

From the Failed Energy Transition to Wars over Oil

Spain / 2026 / 176 pages / Sustainability / Territory: World / Primary publisher: Destino

The events of the past few years have brought energy back into the spotlight — or, rather, into the eye of the storm: the blackout in Spain, the retreat from green hydrogen, the voracious expansion of AI, the proliferation of biogas and biomass projects, wars over resources…
What is happening? What lies behind this acceleration, and what explains the chaos it is leaving in its wake?

This short book examines the latest developments and places them within an uncomfortable context, one we can no longer afford to ignore: the growing scarcity of energy. The United States, China and Europe are taking three different approaches to this challenge, each with its own limitations and consequences.



More than 10,000 copies sold in Spain

The Future of Europe. A guide to degrowth for urgent reindustrialization

Spain / 2024 / 264 pages / Sustainability / Territory: World / Primary publisher: Destino

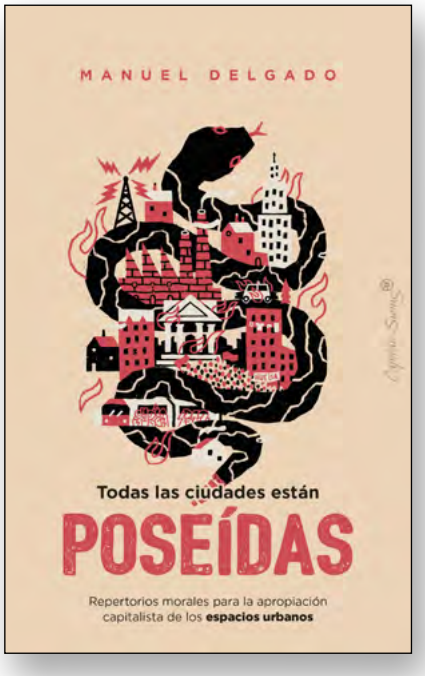
The production of all petroleum liquids peaked in 2018 and has since started a slow decline, which will accelerate due to reduced investment from oil companies. This historic peak, a result of the planet's geological depletion, signals the beginning of an era of progressive scarcity of non-renewable resources, both energy and materials. The current focus on renewable energy is more about addressing energy decline than combating climate change, though it may help with the latter. However, the failures in the wind industry, increasing restrictions on photovoltaic production, and the ongoing decline in electricity consumption since 2008 indicate that this transition model is ineffective. In this book Antonio Turiel offers a fresh perspective on effective and sufficient technologies for the Old Continent's needs. He advocates for a long-term sustainable, innovative industry that generates employment within a stationary yet healthy and resilient economy.

Manuel Delgado



He is Professor Emeritus at the University of Barcelona, where he has taught Urban Anthropology since 1986. He studied at the Section des Sciences Religieuses of the École Pratique des Hautes Études at the Sorbonne in Paris. He founded research groups at the University of Barcelona and is a member of the Observatori d'Antropologia del Conflicte Urbà (OACU) and Popular Culture and Conflict (CPC). His research focuses on urban exclusion and stigmatization, the social appropriation of public spaces, religious and ritual violence, and the construction of collective identities in urban contexts. His publications include Overflowing Mobility (2025, co-authored with Roger Sansi).

A timely critique of the forces reshaping our cities — and a powerful defense of urban life, the common good, and the right to housing.



All Cities Are Possessed

Moral Repertoires of the Capitalist Appropriation of Urban Space

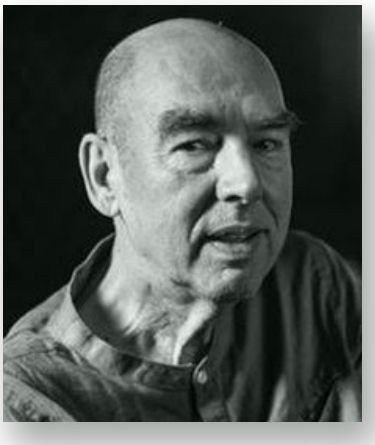
Spain / 2026 / 408 pages / Urban Anthropology & Social Justice / Territory: World
Primary publisher: Capitán Swing

In this book, Delgado questions the urban discipline created and directed by a bourgeoisie that reorganizes cities according to their own interests, despising a living and ungovernable urban reality that, basically, he does not know.

An urban vandalism that, through the technical and aseptic planning of space, exerts moral and social control and favors its commodification, relying on almost religious values to present a certain idea of urban order as unquestionable. The result is a perfect city: predictable, servile and without conflict.

Faced with this, Delgado does not question the need to plan cities, but defends an urbanism oriented to the common good, which guarantees the well-being of those who live or travel the cities and their access to the necessary resources, starting with the right to housing.

Santiago Alba Rico



Born in Madrid in 1960, he is a Marxist Spanish writer, essayist and philosopher. He has published several essay books on disciplines such as philosophy, anthropology and politics, in addition to having collaborated in several journals and media, such as *Gara, the Committee on Solidarity with the Arab Cause, Rebellion* or *CTXT*. At present, he writes regularly on the *Diario.es* and *Público*.

A groundbreaking critique of Western hegemony and the collapse of the global rules-based order. A essential text that redefines the moral coordinates of the 21st century.



Gaza and the fate of the world

An Essay on Truth, Power, and the Return of Barbarism

Spain / 2026 / 152 pages / Essay / Territory: World / Primary publisher: ARPA

There are places that, by dint of concentrating the world's horror, transcend their geography to become concepts. This happened with Auschwitz or Hiroshima and, now, with Gaza.

It is no longer just in Palestine, but in our imagination, in our conscience, and, if you will, in our moral tradition. It names an era that is ending and another that is beginning under different rules.This book is not a history of the Palestinian-Israeli conflict, nor is it a denunciation of Israel's crimes—or at least, not only that. It is Santiago Alba Rico's profound and moving reflection on what Gaza reveals about us: about European history, about antisemitism as a project of expulsion, about colonialism as a way of building humanist states upon ruins, and about international law as a fragile consensus that inhibits the barbarism we now see disappearing.

A text to think about the world after genocide, when it is no longer enough to just look, but when we must imagine a future."

Andreu Escrivà



With a degree in Environmental Sciences, a master's degree in Conservation of Ecosystems and a doctorate in Biodiversity, Andreu Escrivà has published numerous scientific articles in specialized journals, and trained at the University of Sheffield (UK) and at the Lake Biwa Museum in Kusatsu (Japan). He works as a science communicator in his spare time, and is a regular contributor to different press, radio and television media outlets. He won the XXII European Prize for Scientific Dissemination General Study in 2016 with the book *It's not too late: keys to understand and stop climate change*. He has worked as a consultant in sustainability and he is responsible for the Climate Change Observatory in Spain.

A hopeful manifesto for inhabiting the planet with humility, justice and hope.



Earth Is Not Your Planet

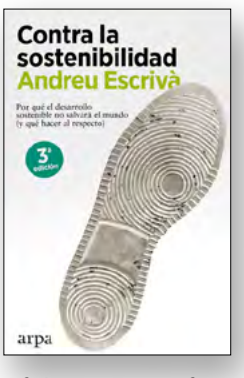
How to give space back to life and decolonize the future

Spain / 2026 / 320 pages / Sustainability / Territory: World / Primary publisher: Arpa

For too long, we have lived as though the Earth belonged to us—as if it were a stage designed for our comfort, an inexhaustible resource, or merely a stepping stone to other worlds. *Earth Is Not Your Planet* dismantles that illusion with a calm yet deeply unsettling clarity.

Andreu Escrivà invites us to recover the coordinates we have lost—spatial, temporal and moral—in order to understand what it means to inhabit a living, fragile and extraordinarily unique planet. Drawing on science, natural history and rigorous ethical reflection, he reminds us that we are not at the centre of life, but one species among many within a complex web that we are now tearing apart at an unprecedented rate.

This book explores biodiversity, the sixth mass extinction and the planetary boundaries we have crossed without fully considering the consequences. It argues that restraint, limits and care are not obstacles to our future, but necessary conditions for any future in which life can thrive.



Against Sustainability

Spain / 2023 / 254 / Sustainability / Territory: World / Primary publisher: Arpa

The concept of "sustainability" is omnipresent in our daily lives. We stumble across it in the supermarket and in advertising campaigns, in ministerial reports and in political programs. However, the very concept of sustainability, which derives from sustainable development, is the biggest obstacle to achieving what it claims to be chasing. Do we really want to sustain this present and this system? We need new ways of thinking about and naming the destination towards which we want to go, but first we must demolish the sustainability cage in which we have been trapped for decades. The text is divided into three parts. The first explains the origin of the concept of "sustainability". The second addresses examples of the misuse of sustainability in current concepts and key ideas. And the third proposes an alternative to the concept of sustainability.

Carlos Fernández Liria



Carlos Fernández Liria (Madrid, 1959) is a philosopher, writer, and professor at the Complutense University of Madrid. The author of an extensive essay collection, his books include *In Defense of Populism, Sex and Philosophy*, *Our History Explained to Young People*, *Marx from Scratch*, and *School or Barbarism*, among others.

A frontal assault on Silicon Valley's techno-feudalism and the elites seeking to dismantle democracy. This book reveals how new tech magnates want to replace human rights with corporate market logic.



Against the Dark Enlightenment

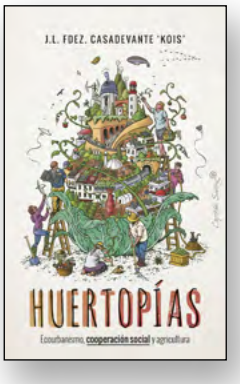
Marx and Nietzsche against accelerationist transhumanism

Spain / 2025 / 320 pages / Critical Thinking & Technology / Territory: World
Primary publisher: Arpa

The right weakens and a new technological elite proclaims that the time has come to overcome democracy and even the human condition. Is the final collapse of the illustrated project or your last chance?

Fernández Liria analyzes the boom of transhumanist accelerationism and the current that, from Silicon Valley to the centers of power, proposes to replace the rule of law with business sovereignty, citizenship by the logic of the client and equality by a technological aristocracy. In the face of this, the author returns to Marx and Nietzsche to dispute his reactionary reading and to claim a "democracy of earthly gods" that does not aspire to overcome the human, but to dignify it politically.

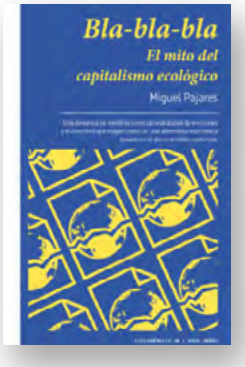
A rigorous and combative defense of the Enlightenment as a project still open in the face of the advance of techno-capitalism and the law of the strongest.



Utopgardens. Eco-urbanism, social cooperation, and agriculture

Spain / 2025 / 392 pages / Eco-urbanism / Territory: World / Primary publisher: Capitán Swing

Urban agriculture has become an indispensable tool for driving the complex and radical transformations proposed by the eco-urbanism agenda. In this book, Kois invites us to know the most inspiring experiences from around the world: community gardens, urban farms, horticultural therapies in hospitals, growing areas in schools, libraries or prisons, edible forests, urban vineyards, rooftops, and other plantations that challenge hunger and inequality bring people together and mobilize communities and provoke cultural changes. This book combines the perspectives of sociology and ecology, activism, agriculture, and the ability to envision more livable scenarios in the urban environments we design.



Blah-blah-blah. The myth of green capitalism

Spain / 2023 / 224 pages / Essay / Territory: World / Primary publisher: Rayo Verde
Sold: Chile (Univ. Austral de Chile)

Greta Thunberg accused governments and corporations of "blah-blah-blah" for their policies in the face of the climate emergency. Was she exaggerating? This book answers the question, shattering the myths of green capitalism and sustainable growth, along with other corporate greenwashing lies such as emissions neutrality or net zero. Along the way, it outlines alternatives to alleviate the climate crisis and guarantee the future of our planet before we reach the point of no return. Alternatives that, in any case, involve the construction of a globality based on solidarity-based cooperation and mutual support, as well as rethinking migration policies. In short, the leap from a capitalist world to one based on social justice. Because living by consuming less does not mean living worse, it means living differently.



Architecture and Power

Spain / 2025 / 192 pages /Architecture / Territory: World / Primary publisher: Arpa
Sold : Brazil (Editora Perspectiva)

Architecture has always been a tool of cohesion, imagination and subjugation. But what kind of architecture does the 21st century need? Sergi Miquel Valentí reviews the most revealing examples, from Stalin to Trump, from Venice to Tel Aviv, to show that the history of architecture is full of technical and aesthetic feats, but that today nothing works on its own. With a critical and erudite eye, Valentí invites us to rethink architecture as a political tool in a globalized world, where power and urban space are increasingly intertwined.



Invisible Animals. Myth, life and extinction

Spanish/ 2021 / 256 pages / Travel & Science / Territory: world / Primary publisher: Nórdica Libros
Sold: China (Phoenix Science Press)

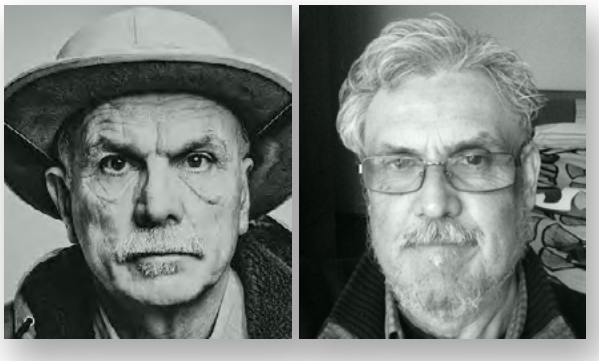
A journey across the globe in search of animals that hardly anybody has seen. This text sets out facts and ideas drawn from the natural sciences in language that is accessible to the non-specialist reader. It blends science with literature, providing an inventory of what was and what might have been, of what could exist and what we would like to discover. A unique and beautiful immersion in some of the enduring mysteries of our world. An exploration of memory, the future and the possibility of believing in something that can't be seen.

- **English full pdf available.**

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Essay, History, Philosophy & Miscellaneous

Eudald Carbonell & Igor Parra



Eudald Carbonell (left) is a pre-historian and Prince of Asturias Award for Scientific and Technical Research. Professor at the Rovira i Virgili University, he is founder of the IPHES and co-director of the Atapuerca Project. He has published in Science and Nature and is author of reference essays on human evolution.

Igor Parra is an archaeologist and palinologist, doctorate by the École Pratique des Hautes Études. Specialist in climate, plant production and social evolution, he has worked within the framework of the European Climate Change Programme. He is co-author of the Theory of Human Social Evolution, together with Eudald Carbonell, and a collaborator of the Atapuerca Foundation.

A new and ambitious interpretation of what has made us human from the latest advances in science.



The Pillars of Human Evolution

Spain / 2026 / 292 pages / History / Territory: World / Primary publisher: ARPA

Millions of years ago, in an African landscape undergoing profound climate transformations, some primates began to change their relationship with the environment. They didn't just adapt, they started transforming it. Since then, the history of our species has been that of a progressive construction in which genetics, food, technology, communication and symbolism are intertwined to shape who we are today.

Eudald Carbonell and Igor Parra, together with a team of specialists in genomics, paleoanthropology and archaeology, propose in this book a new and ambitious interpretation of human evolution articulated in six main pillars. Through them they reconstruct the process of hominization and humanization as a biological and, at the same time, technical and social phenomenon.

From the first stone tools to the contemporary technological revolution, this essay invites us to understand our trajectory as a species and to reflect on the role we play in the future of the planet. A rigorous and accessible look to understand the past and take, with awareness, the challenge of what is to come.

A collective work signed by six scientists of international reference — Francis C. Ceballos, Mercedes Conde-Valverde, Marcos García, Álvaro Ibero, Javier Mar and Ignacio Martínez—under the direction of Eudald Carbonell and Igor Parra.

José Luis Villacañas

José Luis Villacañas (Úbeda, 1955) is a professor of the History of Philosophy at the Complutense University of Madrid. His work combines erudition and intellectual audacity with the ambition to rethink our cultural and political tradition from ancient times to the most pressing present day.



A powerful dissection of the eternal battle between total control and human liberty. Villacañas uncovers the hidden historical crossroads that continue to fuel our turbulent global present.



Forking Paths

A brew history of power from Neanderthals to Trump

Spain / 2026 / 232 pages / Philosophy / Territory: World / Primary publisher: ARPA

A sweeping, cinematic journey through human history that completely rewrites how we view power.

From prehistoric Neanderthals to the rise of Donald Trump, José Luis Villacañas brilliantly dissects the endless battle between absolute control and democratic resistance. This is not just a history book; it is a gripping, high-stakes exploration of the critical crossroads that shaped our current global chaos. The author masterfully proves that our present was never inevitable, but rather the result of fragile, human choices. Packed with sharp political insight and profound urgency, this book serves as an indispensable moral compass for an unstable world.

For anyone trying to make sense of modern populism and the future of freedom, this brilliant masterclass is an absolutely essential read.

Víctor Ferreres Comella



Víctor Ferreras is a Professor of Constitutional Law at Pompeu Fabra University and a regular Visiting Professor at the University of Texas School of Law. Holding a PhD from Yale University, his internationally recognized research focuses on fundamental rights, democracy, and judicial review. He has published widely on legal theory, successfully bridging complex constitutional scholarship with highly accessible democratic philosophy.

A lively dialogue that dismantles technical jargon to reveal how human society truly works.



In Praise of Law

Dialogues on the Foundations of Law and Justice

Spain / 2026 / 480 pages / Law / Territory: World / Primary publisher: ARPA
Sold: China (Pekin University Press)

A brilliant and remarkably accessible masterclass that strips away technical jargon to reveal the true soul of justice. Written in the engaging tradition of a Socratic dialogue, renowned constitutionalist Víctor Ferreres guides readers through the fundamental questions that hold modern societies together.

From the boundaries of free speech and the power of democracy to the ethics of property and the future of artificial intelligence in courts, this book maps the vital machinery of coexistence. It is not a dense manual for lawyers, but a lively, deep conversation on how we choose to live together.

Ferreres masterfully bridges the gap between complex legal theory and everyday human reality with unmatched clarity. Packed with compelling logic and timely insights, it serves as an essential guide for navigating our polarized world. Ultimately, this outstanding work proves that a system of laws is our greatest tool for human prosperity.

For anyone seeking to understand the fragile infrastructure of modern freedom, this text is an absolute must-read.

Victoria Camps



Victoria Camps is Professor Emeritus of Moral and Political Philosophy at the Autonomous University of Barcelona. She served as an independent senator for the Socialist Party, as a counselor at the Audiovisual Council of Catalonia, and as president of Spain's Bioethics Committee. She is currently president of the Víctor Grífols i Lucas Foundation and, since 2018, has served as a Permanent State Counselor. Her publications include *Elogio de la duda, La búsqueda de la felicidad,* and *Elogio de la igualdad.*



The Society of Distrust. How to regain trust in a world without a moral dimension in politics and daily life

Spain / 2025 / 216 pages /Ethics / Territory: World / Primary publisher: Arpa

This book starts from a moral concern: what happens when we stop believing in the common good? Victoria Camps listens to the murmurs running through our tired democracies and fragmented lives, examines them calmly, and thinks them through with care. Behind distrust there is always a question: how do we carry on? An essay on the present wounded by individualism, precariousness and disenchantment, but it is also a proposal: to reconstruct a shared ethos that allows us to support, trust, cooperate and coexist. A philosophical and political gesture against indifference, and a reminder that liberty—if it wants to deserve its name—needs others. **• English sample available**



Praise of Doubt

More than 17,000 copies sold in Spain

Spanish/ January 2017 / 180 pages/ Philosophy, Ethics / Territory: world
Primary publisher: Arpa / Sold: Portuguese (Ediçoes 70), Brasil (Almedina), Italian (Hoepli) and Chinese (Hainan)

It was Bertrand Russell who said that philosophy is an exercise of scepticism. Learning to doubt implies distancing oneself from the given and questioning clichés and prejudices, questioning the unquestionable. Not to simply reject it, but to examine it, analyse it, reason about it, and finally decide. Praise of Doubt covers the changes of doubt throughout the history of thought in a way that is reachable to a wide audience, without giving up any of the rigour and depth of those who have taught at university for 30 years.

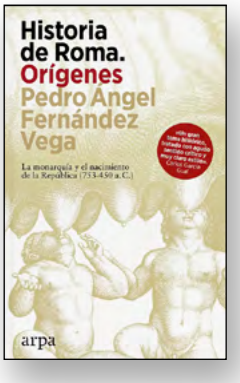


The Pursuit of Happiness

More than 14,000 copies sold in Spain

Spanish/ January 2019 / 176 pages/ Philosophy, Ethics / Territory: world
Primary publisher: Arpa / Sold: Portuguese (Ediçoes 70), Brasil (Alemdina)

Asking about the nature of happiness is equivalent to questioning the meaning of our existence. Happiness is a search throughout one's life. More than a goal, happiness is a state of mind and philosophers have reflected throughout history on it. The lesson is that happiness is indeed the greatest good, but a good that requires effort, patience, perseverance and time. This book is plenty of reasons not to cease to the discouragement of an existence that is paradoxical, contingent and limited, but at the same time could be rich and hopeful. **• English sample available**



History of Rome. Origins

Spain / 2025 / 320 pages /History/ Territory: World / Primary publisher: Arpa

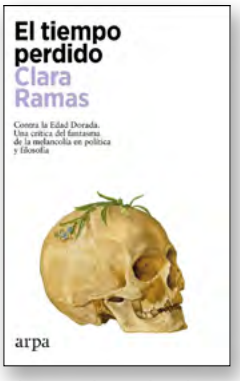
In this first volume, historian Pedro Ángel Fernández Vega immerses us in the birth of the Eternal City, where tradition and legend coexist with the first institutions, the struggle between patricians and plebeians and the slow construction of a regime that exalted liberty, but never equality. With an agile and accessible style, Fernández Vega perfectly reconstructs the founding stories that shaped Roman identity, recovering the legacy of the ancient chroniclers and contrasting it with the findings of modern archaeology. It unravels the symbols, beliefs and structures that shaped Rome, from the enigmatic figure of Romulus and Remus to the fall of the monarchy.



Lessons from Stoicism

Spain / 2025 / 240 pages /Philosophy / Territory: World / Primary publisher: Arpa

The prestigious classical philologist Antonio Cascón Dorado updates one of the most fascinating and complete philosophies in the history of humanity so that we can apply it in our daily lives. The approach to intimate and social education, the way of reasoning and debating in uncertain times, the use of opinion as debate, the search for serenity, distance from success or money, the use of time as wealth, calm in the face of pain or death, the enjoyment of love, the achievement of a satisfactory, fulfilling life.



Lost Time. A Critique of the Phantom of Melancholy

Spain / 2024 / 208 pages /Philosophy & Literature/ Territory: World / Primary publisher: Arpa

We inhabit a twilight world: economic crises, wars, pandemics, cultural malaise. This unmappable reality of contemporary capitalism gives rise to political discourses yearning for a solid ground; they anchor in melancholy and nostalgia for a lost time. Above all, a pressing need: to return home.
Today, this melancholic response to this malaise pervades both the right and the left. In *Lost Time*, with the help of Proust, Žižek, Marx and Kristeva, Clara Ramas offers a different way out. The melancholic clings to the beloved object and longs to return to a Golden Age revolving around ideas of homeland, values, security, order, gender and class roles, the better life of our parents or Tradition. **• English translation sample available on request**



The Weight of the Stars. A life of the Anarchist Octavio Alberola

Spanish/ 2019 / 370 pages/ Essay / Territory: World / Sold : Eng (AK Press) & French (Syllepse)

Octavio Alberola has spent eighty years thinking, living and reshaping his life from an anarchist perspective, questioning each and every one of his actions. He belongs to a generation of fighters who played a leading role in the events of the 20th century. In this book, Comotto covers the anarchist experience in the 20th century, focusing on episodes in which Octavio was a witness and a protagonist, ranging from the splits within the CNT to his participation in various attempts to assassinate Franco.

• English full translation and Spanish pdf avaiable on request

Miscellaneous (selected titles sold to other languages)



The 50 Laws of Power in The Godfather

Spain / 2023 / 280 pages /Strategy / Territory: World / Primary publisher: Arpa / Sold: Russia (Eksmo PH)

An addictive read about power in today's society. The next best thing to having Vito Corleone whisper a few life lessons in your ear. A very interesting reading of The Godfather as a treatise on realpolitik in a Machiavellian key, with fifty keys or laws that would serve to explain the contemporary conception of power (how to achieve it, how to maintain it, how to transmit it to the following generations), but a book far from being satisfied with a superficial and utilitarian reading of a mythological universe which the author always treats with the greatest respect. **• English sample available**



Cognitive Wars. How states, companies, spies and corporations use your mind as a battlefield

Spain / 2025 / 280 pages /Investigative journalism/ Territory: World / Primary publisher: Arpa
Sold: China (Business Weeckly)

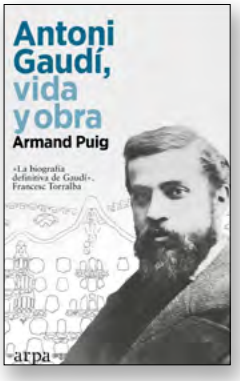
Behind this global phenomenon lie cognitive wars moving the world. From Ukraine to Gaza, elections, or geopolitical maneuvers, influence has shifted to a technological backstage that manipulates information, spreads lies, and sparks conflicts. Journalist Daniel Iriarte explains how nations deploy cognitive warfare as their principal strategy. The battlefield is the public mind, where daily mobile phone data serve to mold the brains of millions. **• English sample available**



Spies Don't Talk

Spain / 2023 / 368 pages /Biography / Territory: World / Primary publisher: Arpa
Sold: Dutch (Standaard)

Karel Holemans was a Flemish painter who dreamed of Flanders' independence. He spied in Spain during the Civil War, on the Republican side. During the Nazi invasion of Belgium, he worked as a double spy. He was an agent for German intelligence, was married to a Resistance agent, and, in secret, was a Knight Commander of the Templars. He joined the German secret services in order to smuggle the historical archives of the Order of the Temple out of Belgium. He transported the archives to Portugal, thereby saving the lives of 238 Belgian and French Templars. He was sentenced to death in Belgium and went into exile in Spain, where he spent the rest of his life. His son Carlos spent more than ten years unearthing and piecing together what his father never told.



Antoni Gaudí, Life and Work

Spain / 2024 / 420 pages /Biography / Territory: World / Primary publisher: Arpa
Sold: China (Beijing Qizhenguan Media Co., Ltd.)

The most complete and reliable biography of Antoni Gaudí. A work that avoids the legends and false stories that have always surrounded his figure. Armand Puig's rigorous research delves into lesser-known aspects of the Catalan architect: his intellectual depth and the spiritual transformation he underwent throughout his life. A universally known and admired figure by the millions of tourists who visit his works each year. Since 2023, Puig has been the president of the Holy See's Agency for the Evaluation and Promotion of the Quality of Ecclesiastical Universities and Faculties. He is the author of *Jesus: A Biography*, which was successfully received by critics and readers in 2008. He resides between Barcelona and Rome.

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Self-development, Health, Psychology & Nutrition

Savina Paül & Dario Borhani



Savina Paül is a long-haul commercial pilot and content creator. At 22, he commanded passenger planes, and today, with over 5,000 flight hours (including Airbus A330), he balances flying with sharing content to over 650,000 followers. He highlights pilot routines, physical and mental well-being, and aims to turn fear of flying into wonder.

Dario Borhani is an aeronautical engineer and broadcaster with experience in aircraft modification and maintenance. Residing in Sweden, he aims to explain aviation with clarity. Author of *A Cool Book on Aircraft* (2019) and a media contributor (such as RNE), his accessible style demystifies the science behind flight.

Every day more than 100 000 flights take off worldwide and millions of people rise to 11 000 meters high, but... what really happens up there?



Don't fly without knowing this

Spain / 2026 / 280 pages - two colours / Travel & Science / Territory: World / Primary publisher: Tenos

Fasten your belts, as you're about to start an exciting journey full of curiosities, anecdotes and amazing data to understand how an airplane works, what happens in the cockpit, and why flying is much more fascinating than it seems. After reading this book, you won't get on a plane again without knowing what's going on.

- How can a metal giant of over 300 tons fly?
- What do pilots really say when they speak "in key" on the radio?
- Are all turbulence the same?
- What do the clouds we see from the window hide?
- What would happen if there is an emergency on board?

This book invites you to find out what really happens during a flight and how those who make it possible work. Because flying is not just traveling: it is a technological feat.







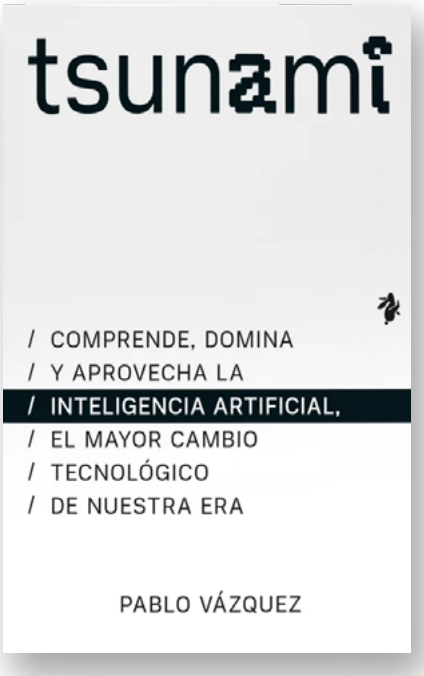


Pablo Vázquez



Pablo Vázquez is a computer engineer and has a master's degree in Artificial Intelligence. For more than fifteen years he has worked as a consultant, mainly in New York, in the area of applied intelligence, helping large companies in technological and business transformations; not in laboratories, but in the places where decisions have real consequences. Today he is focused on his Intelligent Life project, a training and dissemination platform on artificial intelligence from which, through his courses and his newsletter, he has helped more than 10,000 people understand and use this technology in their life and their work. in the service of wellbeing.

AI is transforming how we work and live—but understanding it doesn't have to be overwhelming. This book offers the clarity, tools and confidence you need to navigate the change and make AI work for you.



Tsunami

Understand, master and harness AI

Spain / 2026 / 248 pages / LA / Territory: World / Primary publisher: Tenos

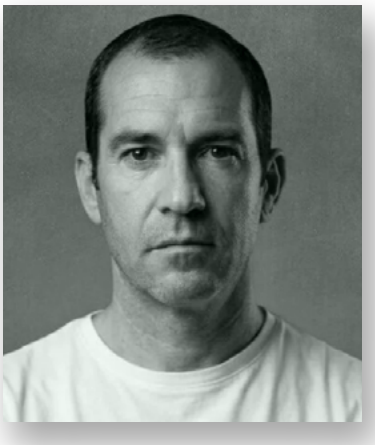
We are facing the deepest and fastest changes of our time: a technological tsunami transforming how we work and live. Faced with change, it's easy to feel overwhelmed.

This book responds to those concerns. Where there is confusion, it offers clarity about what AI really is, without panic or hype. Where there is noise, frameworks to separate signal from noise and make better decisions. Where there is paralysis, concrete steps to move ahead. And where there is responsibility for others, the knowledge to guide them.

The book also looks ahead, exploring possible scenarios and decisions we need to understand today. Change is real and profound, but there is no need to panic. We simply need to take charge of it.

Tsunami will help you understand AI, master its potential, and seize its opportunities. But that is not the end goal. It is the means. The goal is to live.

Claudio Nieto



Claudio Nieto Maestre (Alicante, Spain) is a teacher, science communicator and specialist in exercise physiology, metabolism, sports nutrition and performance. He has worked with and advised elite athletes, including Olympians and international competitors, integrating training, recovery, nutrition, rest and health from a practical view of the human body. Through his classes, social media, YouTube and podcast, he brings the science of health and performance to a wide audience in a clear, direct and rigorous style.

This book aligns with global bestseller trends such as Peter Attia's *Outlive*, Casey Means's *Good Energy*, or Jessie Inchauspé's *Glucose Revolution*. It has been the absolute #1 bestseller on Amazon Spain uninterruptedly since its launch, selling over 2,000 copies in its first six weeks.



Hormones, Metabolism and Performance

Everything you need to understand your body, improve your body composition, and perform at your best

Spain / 2026 / 498 pages / Fitness & Nutrition/ Territory: World
Primary publisher: Tenos

What if you do not lack discipline, but understand the signals that your body sends?

Your body doesn't work on a whim, it works by priorities. And everything changes when you learn to read them. You can train, eat well, try to sleep more and still feel like you're not moving forward: little energy, poor recovery, uncontrolled hunger, high stress, or results that don't come.

This book helps you understand, clearly and rigorously, how hormones regulate metabolism, sleep, appetite, stress, muscle mass, sexual health and performance.

You'll find out why training more doesn't always mean getting better, why cortisol isn't your enemy, and how insulin, thyroid gland, testosterone, estrogen, lactate, hypoxia, or heat influence your adaptation.

Ismael Galancho



Ismael Galancho (Málaga, 1984} is a specialist in nutrition and athletic training, renowned for his evidence-based approach and his ability to translate scientific research into real-world results. He has advised elite athletes such as Lionel Messi, Luis Suárez, and Enzo Fernández, and has supported thousands in improving body composition, health, and athletic performance. A lecturer on university master's programmes and speaker at national and international congresses, he collaborates with institutions such as the Gatorade Sport Science Institute. He publishes in academic journals and shares his message on social media: rigour, knowledge, and practice in the service of wellbeing.

What if you could lose weight without hunger by using your body's natural satiety signals? Discover how calorie satiety helps you eat less, curb cravings, and transform your body.



I'm not Hungry Anymore

The heat satiety revolution is here

Spain / 2026 / 178 pages / Fitness & Nutrition / Territory: World
Primary publisher: Tenos

Why do we feel full at the end of a meal and lose interest in eating? Most of us assume it happens when there is no room left in the stomach. Yet the stomach rarely fills completely after a meal. Satiety comes not from the stomach itself, but largely from the brain.

Communication between the gastrointestinal system and the brain regulates satiety, but does not accurately measure the calories we consume. Some foods make us feel fuller than others despite having the same calories. Even more surprisingly, satiety can begin before swallowing, while chewing—or even before food reaches our mouths.

Understanding these mechanisms can help us naturally reduce calorie intake and curb cravings. Welcome to the revolution of calorie satiety, described by some researchers as the "natural Ozempic."

Learning to manage satiety can help us regulate how much we eat without constantly feeling hungry. This book explains how—and reveals a revolution already being implemented in other countries.

Jordi Nomen



Jordi (1965) has been teaching philosophy and social sciences for more than thirty years at the Sadako school in Barcelona, recognised as one of the most innovative educational centres in Spain. He holds a degree in Contemporary History from the University of Barcelona and a postgraduate degree in Active Citizenship and a master's degree in Philosophy. He has been awarded the EDU21 and Arnau de Vilanova prizes for his pedagogical work. He is a member of GrupIREF, which leads the implementation of Philosophy for Children in Catalonia. He is the author of the bestseller *El niño filósofo*, translated into six languages.

A vital pedagogical toolkit to help the next generation reclaim emotional balance from digital algorithms.



Against the Tyranny of the Like

Practical Philosophy for Parents and Educators of Hyperconnected Teens

Spain / 2026 / 240 pages / Parenting / Territory: World / Primary publisher: Arpa

An urgent roadmap designed to guide families through the digital age. Educator Jordi Nomen tackles one of our greatest crises: a hyperconnected world where adolescent self-worth is quantified by algorithms.

Instead of demonizing technology, this text exposes how social networks breed anxiety and comparison. Nomen bridges the gap between deep philosophy and everyday parenting to empower mentors, helping teenagers rediscover their authentic identity outside the screen and virtual metrics.

Ultimately, this essential work proves that critical consciousness is our greatest shield against digital dependency. For any parent or educator seeking to rescue youth autonomy, this masterclass is an absolute must-read.



The Philosopher Child

More than 24,000 copies sold in Spain

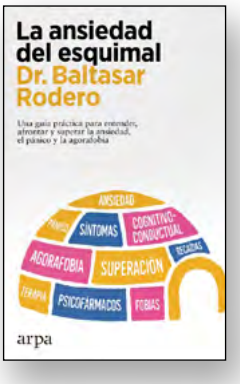
Spain / 2018 / 208 pages / Education / Territory: World / Primary publisher: Arpa

Sold: Chinese (Beijing United), Italian (Salani), French (Desclée de Brouwer), Persian (Ibrahim), Brazil (Paulus)

Children are great little philosophers with an extraordinary capacity for wonder and an almost limitless curiosity, philosophical qualities par excellence. The fundamental proposal of this book consists in asking families and educators some of the great questions that the history of Western philosophy has bequeathed to us, allowing children to discover their philosophical condition and placing it at the service of personal and social development. The second part of the book is a brief pedagogical and practical exploration based on eleven questions, the legacy of eleven philosophers of the Western tradition, which allow the introduction of criticism, creativity, play and dialogue in the education of children.

Also available by same author:

- *How to Talk to a Teenager and Get Them to Listen to You*
- *The Philosopher Child and Ethics: sold to Brazil (Paulus)*
- *The Philosopher Child and Art: sold to Brazil (Paulus)*



The Inuit's's Anxiety. A practical guide to understanding, coping with and overcoming anxiety

Spain / 2025 / 174 pages /Psychology / Territory: World / Primary publisher: Arpa

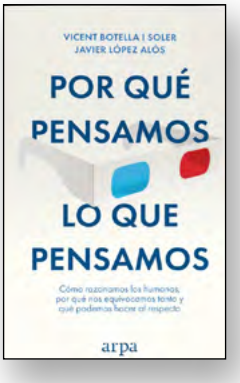
A prestigious psychologist shares everything he knows about the main mental health problem of our time and provides tools to combat it. Approached with the simplicity of a psychological consultation, this practical guide deals with anxiety without medication. It explains its causes and effects, which strategies work and which do not. This book contains the most effective techniques from cognitive-behavioural treatment. All of them, endorsed by the American Psychological Association (APA) and by my experience with thousands of patients in more than twenty years of professional practice.



Mythotherapy.The healing power of myths

Spain / 2024 / 272 pages /Self-help / Territory: World / Primary publisher: Arpa / Sold: Turkish (Koridor)

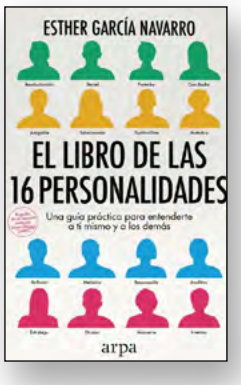
We know that life is not easy, that there are realities that we cannot change, but others we can. Myths provide us with the wisdom we need to identify them and face them. It is a matter of tuning our ears and listening to what they reveal to us. That is why the philosopher Carlos Goñi recovers fifty-five great myths and tells them to us, so that we learn to listen to what Apollo tells us about self-knowledge, Athena about intimacy, Hera about pleasure, Narcissus about appearances, Antigone about conscience, Achilles about selfishness... Myths present models to follow or to avoid, lives squeezed to the limit, heroic deeds and ruins, divine and diabolical. These traditions have an extraordinary healing power that you will discover in these pages.



Why We Think What We Think

Spain / 2025 / 192 pages /Psychology / Territory: World / Primary publisher: Arpa

How we humans reason, why we make so many mistakes and what we can do about it. An extraordinary contribution to a better understanding of our limits and to cognitive literacy, a fascinating journey through the biological, psychological and cultural factors that shape our thinking without us noticing. Through everyday examples and scientific and philosophical references, the authors show how our minds resort to shortcuts and simplifications to deal with the world's complexity, generating systematic errors, biases and vulnerabilities that can be exploited by manipulation and disinformation.



The book of the 16 personalitiest

Spain / 2025 / 344 pages /Personal development / Territory: World / Primary publisher: Arpa

Why do you connect easily with some people and not so easily with others? Do you feel that sometimes they don't understand you, or that you yourself don't know why you react in a certain way? The key lies in how your personality works. This book is based on the famous Myers-Briggs model of the 16 personality types to help you discover how you perceive the world, how you make decisions and what patterns influence the way you relate to others. Far from being a simple classification, it is a practical tool to improve your emotional well-being and your communication with others.



Menopause

Spain / 2023 / 240 pages / Heath / Territory: World / Primary publisher: Arpa
Sold: Spanish US (Harper Collins US), China (in auction)

A comprehensive guide to live your menopause to the fullest from a critical and feminist point of view. This book provides vital information about the menopause in a simple, direct and precise manner. Four health professionals share their knowledge and clinical experience, offering practical advice and revealing reflections, encouraging you to embrace the experience of maturity, enjoy it fully and redefine it. Shines a beam of light on what has been sold to women as a period of darkness. When you finish this book, you will feel that you can deal with all those beliefs that are holding you back.

- **English sample available on request**



1,000 Days. The keys to good nutrition from gestation to your baby's second birthday

Spain / 2024 / 240 pages / Parenting / Territory: World / Primary publisher: Planeta (Zenith)

The nutritional keys that will help you take care of your baby (and yourself!) from the beginning of pregnancy until the first two years of life, always based on scientific evidence and common sense. From an integrative perspective, she addresses the impact of food and habits during pregnancy, as well as the type of childbirth and breastfeeding and the introduction of complementary feeding. In addition, she demystifies limiting beliefs about food, giving the value it deserves to the lifestyle already in the mother's womb and breaking down walls and errors that she perceives not only as a health professional, but also as a mother.



Precarious Maternity

Spanish/ 2022 / 208 pages/ Childhood & Feminism / Territory: world / Primary publisher: Arpa
Sold: China

A brilliant, lucid and explosive book about the reality of motherhood in today's society. the reality of motherhood in today's society. An extraordinary literary debut. Precariousness, tiredness, desire, freedom, loneliness, conciliation, material conditions of life, mental health... Diana Oliver analyzes the contradictions and difficulties that weave the difficulties that weave the experience of being a mother in a society that despises care.



Four Styles of Attachment

Spain / 2024 / 256 pages /Psychology / Territory: World / Primary publisher: Arpa

In childhood we learn to love depending on the bond we create with our caregivers, developing an attachment style that is activated the moment we have a romantic partner.This book demonstrates the importance of the theory of adult attachment, currently reinforced thanks to advances in neuroscience, which offers us the possibility of achieving healthy relationships, distinguishing the elements that make communication with our partner impossible and overcoming the obstacles that prevent us from receiving and offering affection. Lluís Rodríguez offers us his experience of more than twenty years as a psychotherapist specialised in couples with this guide full of tools to advance towards a new culture of love, more honest, secure and rewarding.

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Non-Fiction List / Frankfurt BF / 2026